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| |  | | --- | | **LIST OF LESSONS** | | [**Conversational Skills**](http://www.socialskillstrainingproject.com/lessonslist.html#converse) | | [**Cooperative Play Skills**](http://www.socialskillstrainingproject.com/lessonslist.html#coop) | | [**Friendship Management**](http://www.socialskillstrainingproject.com/lessonslist.html#friend) | | Emotion Management Skills | | [**Self-Regulation**](http://www.socialskillstrainingproject.com/lessonslist.html#self-reg) | | [**Empathy**](http://www.socialskillstrainingproject.com/lessonslist.html#empathy) | | [**Conflict Management**](http://www.socialskillstrainingproject.com/lessonslist.html#conflict) Select the lessons highlighted in blue to read an example. |   ***Social Skills Training for Children and Adolescents with Asperger Syndrome and Social-Communication Problems,*** by Jed E. Baker  Order from Future Horizons. Click on the book picture above to go directly to the product.  Select the lessons highlighted in blue to read an example.  **Conversational Skills**   1. Maintaining Appropriate Physical Distance from Others ("Don't Be a Space Invader") 2. Listening Position 3. Tone of Voice (Volume, Pace, Prosody: e.g., flat versus "sing-song" tone) 4. Greetings 5. How and When to Interrupt 6. Staying on Topic 7. Maintaining a Conversation 8. Taking Turns Talking 9. [**Starting a Conversation**](http://www.socialskillstrainingproject.com/sstbook-startconv.html) 10. Joining a Conversation 11. Ending a Conversation 12. Asking a Question When You Don't Understand 13. Saying "I Don't Know" 14. Introducing Yourself 15. Getting to Know Someone New 16. Introducing Topics of Interest 17. Giving Background Information about What you are Saying 18. Shifting Topics 19. Talking Briefly 20. [**Editing Sensitive Topics (Avoiding topics that upset others)**](http://www.socialskillstrainingproject.com/sstbook-sensitive.html) 21. Complimenting 22. Use Your H.E.A.D. (Acronym for Happy voice, Eye contact, Alternating turns, Distance) 23. T.G.I.F. (Acronym for Timing, Greeting, Initial Question, Follow-up questions)   **Cooperative Play Skills**   1. Initiating Play 2. Joining In 3. Compromising (Deciding What to Play) 4. Sharing 5. Taking Turns    1. Taking Turns Going First 6. Playing a Game 7. Dealing with Losing 8. Dealing with Winning 9. Ending a Play Activity   **Friendship Management**   1. Informal Versus Formal Behavior-(when and with whom to be casual versus formal) 2. Respecting Personal Boundaries 3. Facts versus Opinions (Respecting Others' Opinions) 4. Sharing Your Friend 5. Getting Attention in Positive Ways 6. Don't Be the "Rule Police" 7. Offering Help 8. Keeping Secrets and When to "Tell" 9. Modesty (Do Not Brag) 10. Asking Someone Out on a Date 11. Appropriate Touch 12. Dealing with Peer Pressure 13. Dealing with Rumors 14. Calling Someone on the Telephone 15. Answering the Telephone   **Emotion Management Skills**  **Self-Regulation**   1. Recognizing Feelings 2. Feeling Thermometer 3. Keeping Calm 4. Problem Solving 5. Talking to Others When Upset 6. Dealing with Family and Relationship Problems    1. Understanding and Dealing with Anger    2. Anger Record 7. Dealing with Making a Mistake 8. [**Trying When Work Is Hard**](http://www.socialskillstrainingproject.com/sstbook-trying.html) 9. Trying Something New   **Empathy**   1. Showing Understanding: K-4th Grade 2. Showing Understanding: 5th grade and up 3. Cheering up a Friend   **Conflict Management**   1. Asserting Yourself 2. Accepting No for an Answer 3. Dealing with Teasing (and Acts of Aggression) K-4th Grade 4. Dealing with Teasing (and Acts of Aggression) 5th grade and up 5. More Words to Deal with Teasing 6. Dealing with Being Left Out 7. Avoiding Being "Set Up" 8. Giving Criticism (in a Positive Way) 9. Accepting Criticism 10. Having a Respectful Attitude   You Tube Video with Jed Baker |  |

https://www.youtube.com/watch?v=3AQbkGOAbaI